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Meeting people where they are... leading them where God calls them to be!



First Sunday of Lent [C]

6th March 2022

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St Peter in Chains Church
1 South Crescent Road
Ardrossan, KA22 8DU

St. Bride's Church
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www.saintpeterinchains.net
www.stbrideschurch.co.uk

ST VINCENT DE PAUL SOCIETY

07722 246 169 (*Ardrossan*)
07585 656 229 (*West Kilbride*)

SACRAMENT OF RECONCILIATION

St. Peter in Chains: Saturday
between 4.45pm-5.15pm.

St. Bride's: Friday
between 11am-12noon
And by request.

**St. Peter in Chains,
and St. Bride's,
are Parishes
in the RC Diocese
of Galloway.**

**Scottish Charity
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Mustard Seeds

✠ 7 Simple Suggestions for a Successful Lent

Spiritual practices will aid your Lenten journey for a fruitful 40 days.

- 1. Read the Bible.** "God's love letter will make you feel like you could not only run but win the Marathon," In the Bible, we learn about God's family, what breaks his heart, what makes him happy, and how we can stay in relationship with him. ... Once you start reading Scripture, you won't be able to stop. Tip: Begin with the New Testament and events leading to and including Holy Week and the Passion.
- 2. Attend Mass as much as you can.** Go to Mass at least an extra day of the week besides Sundays. Friday would be a good day, considering Jesus' journey to Good Friday. Also offer up Masses for people in need as well as for deceased or sick loved ones. Stay in church for a few minutes after Mass and pray.
- 3. Go to Eucharistic Adoration.** Spend some time before the Blessed Sacrament in the presence of the Lord. The Lord is waiting for you to bring your needs and the needs of your families.
- 4. Pray the Rosary and the Stations of the Cross.** Turn off the music or podcast on your car radio and instead pray the Rosary or the Stations of the Cross, or talk to God on your journey. If possible, also pray the Divine Mercy Chaplet during the daily three o'clock hour. Another suggestion: Pray a Rosary for a couple you know who is going through a difficult time in their marriage, or pray a Rosary in thanksgiving for the blessings of your married life.
- 5. Put Together a List of Those to Pray for.** Each day, say a prayer for them. Is there one in particular whom you think of right away? Adopt that person in prayer this Lenten season. As you make an act of self-denial, pray: 'Oh Jesus, I do this act out of love for you and for the conversion of [Name]'s soul. Pray for our new bishop, asking God to inspire him, in the way he governs, teaches, preaches and sanctifies, along with prayers for your Parish and priests who have blessed your life and heard your confessions. Also pray for those you encounter throughout your day.
- 6. Delve into Spiritual Reading.** In addition to Scripture, pick up some spiritual writing. Read Church teachings about the sacraments. Begin with the Eucharist to really help you meet Jesus at an up-close personal level.
- 7. Make Simple Sacrifices.** Children can also make a spiritually profitable Lenten season. We can offer our daily sacrifices as an act of love. Wishing you a blessed Lent!



**PLEASE TAKE YOUR COPY OF THE
BULLETIN HOME WITH YOU OR PASS
IT ON TO SOMEONE ELSE. THANKS!**

First Sunday of Lent [C] 2022

March 2022	St Peter-in-Chains, Ardrossan www.saintpeterinchains.co.uk www.stbrideschurch.co.uk <i>Father Duncan McVicar</i>	<i>Fr. Duncan McVicar</i> <i>assisted by</i> <i>Fr. Gerry Hamill</i> <i>(Retired)</i>	www.stevenstonstjohns.com www.rcsaltcoats.com <i>Canon Martin Poland</i> <i>assisted by</i> <i>Sr Marie Monique, Sr Ursula</i> <i>and Canon Matt McManus (Retired)</i>	
	Please note all Masses in St. Peter's are Live Streamed	St Bride's	St. John's	St. Mary's
Saturday 5 th March	1st Sunday of Lent Mass at 5.30pm (With the Litany of Saints) <i>Offered for Jessica Johnston (RD), Patrick McDermott & Family (SI)</i>			Vigil Mass at 4.30pm (L)
Sunday 6 th March	1st Sunday of Lent Mass at 10.30am <i>Offered for our parishes</i>	Mass at 12.15pm	Mass at 11.30am (L)	Mass at 10am (L)
Monday 7 th March	1st Week of Lent Mass at 10am <i>Offered for Malcolm McLean (MM)</i>			
Tuesday 8 th March	1st Week of Lent Stations of the Cross 9.30am Mass at 10am <i>Offered for Henry Duffy (RD)</i>	Adoration 9.30am Mass at 10am		Mass at 10am (L)
Wednesday 9 th March	1st Week of Lent Mass at 10am <i>Offered for Annmarie Dickie (A)</i>		Mass at 10am (L)	
Thursday 10 th March	Feast of St. John Ogilvie Mass at 10am <i>Offered for Moira & Hugh McGoogan (A), Daniel & Jeanie McGoogan (A)</i>			Mass at 10am (L)
Friday 11 th March	1st Week of Lent Mass at 10am Exposition and Benediction 10.30am <i>Offered for Cosimo & Arturo Farro (A)</i>	Stations of the Cross 11.30am Mass at 12 noon	Mass at 10am (L)	
Saturday 12 th March	2nd Sunday of Lent Mass at 5.30pm <i>Offered for Brian Scott (RD)</i>			Vigil Mass at 4.30pm (L)
All Masses may be subject to change				

Sunday is our special Day

The obligation for Catholics to celebrate Sunday as a Holy Day by gathering together for Mass will be restored from the First Sunday in Lent, Sunday 6th March. Given the easing of restrictions in every other walk of life, the Church looks forward to welcoming Catholics back to Holy Mass. As always, the obligation does not apply to those who are sick and their carers or to those aware of their greater vulnerability to the virus. May our Lenten journey this year lead us to a renewed appreciation of our Catholic faith, of the celebration of the Eucharist and of the presence of the Risen Christ who is always at our side.

PLEASE REMEMBER IN YOUR PRAYERS THIS WEEK

Janet Brown, Jim Boyle, Harry Sammons, Bernard Watson, Susan Hughes, Robert Smallridge, Anita Smallridge.

✦ Those who have died recently:

Malcolm McLean, Jessica Johnston (Hamilton), Henry Duffy, Brian Scott.

✦ Those who died at this time of Year:

*Irene Breen 2019, Hugh McGraa 2002, Isabella McLaughlan 2001, Joe Colvin 1908, Olga Mastradomenico 2009,
 Cosimo Farro 1993, Francis Flynn 1990, Hugh McCluskey 1992, Catherine Robertson 2012, Mary To 2014,
 Luke Gargan 2001, Father Jerry Sheehy SCJ 2012, Frances Stannisforth 2017, Jim Watt 2021,
 Alice Bell 2005, May Bell 2003, John Carroll 2004, John Kyle 2009, Pat Logan 2021, Myles McDonald,
 Monsignor Archibald McSparran 1950, Stephanie Hope Turner 2001, Helen Brown 2013, Peter McGlone 2016,
 Agnes Scott 1990, Monsignor Edward Traynor 2006, Lilia Agostini 1969, Mary Andrew 1957, Hessie Hyslop 1998.*

St. Bride's & St. Peter's Notices

- ▶ **SACRAMENT OF BAPTISM** We welcome to the Family of the Church Lena Stevenson and Lydia Anne McAuliffe who will be baptised this weekend. Congratulations to their parents and Godparents.
- ▶ **RITE OF ELECTION IN THE CATHEDRAL** We offer our prayers and congratulations and welcome to our three candidates this year who will be received in to full communion with the Church: Lorraine Corrigan [West Kilbride], Melissa McKie and Lynne McKie [Ardrossan].
- ▶ **SYNOD MEETING AT ST BRIDE'S** Our Synod Meeting will be on Monday, 7th March at 7pm at St Bride's. If you can, please come along and take part.
- ▶ **STATIONS OF THE CROSS** We will pray the Stations of the Cross throughout Lent on Tuesdays at 9.30am at St Peter's, and on Fridays at 11.30am at St Bride's.

It Is in His Hands

I said a prayer to Jesus,
to place you in His hands,
and asked if He would help you,
to carry through your plans,
though I sensed no need to tell Him,
or to bring Him up to date,
It seems He knew you'd carry,
only so much weight.
So just in case you worry,
how far the problem spans,
remember in my prayer,
I have placed you in His hands.
Shoulders that withstood the whips,
and took the cross on too,
and the palms that bore the nails,
are now to carry you.
He's sure about your problems,
and knows where to begin,
so feel your burden lifting now,
I have given it to Him.



Catholic Trivia - Did you know?

- * "Adam's Apple" - The protruding larynx of men was nicknamed "Adam's apple" to signify a piece of apple stuck in Adam's throat which caused him to choke after taking the forbidden fruit.
- * "A little Bird told me" - taken from the Old Testament, from Ecclesiastes 10:20 - "for a bird of the air will carry your voice, or some winged creature tell the matter."
- * "Third Time Lucky" - This expression is an obvious reference to the Holy Trinity. It has some parallels, such as the wording of the Baptism Ceremony and the doffing of hats three times on the introduction of a new peer to the House of Lords.

ST. PETER'S PARISH STEWARDSHIP

Offertory Cash Collection 27th Feb. 2022: £445.94
Second Collection (Building Fund): £206.26
Standing Orders for February 2022: £ 3934.00

ST. BRIDE'S PARISH STEWARDSHIP

Offertory Cash Collection 27th Feb. 2022: £98.00
Standing Orders for February 2022: £1197.00

Many Thanks for your support and generosity!

Lenten Retreat

This year our theme will be "Reclaiming Sunday". We will look at the deeper meaning of Sunday's and its significance for our times, starting this week.

Just for a Laugh...

Kenneth walks into a bar in Ardrossan, orders three pints of beer and sits in the back of the room, drinking a sip out of each one in turn. When he finishes them, he comes back to the bar and orders three more. The bartender asks him, "You know, a pint goes flat after I draw it; wouldn't you rather I draw fresh pints for you one at a time?" The fellow replies: "Well, you see, I have two brothers. One is now in America and the other, in Australia. When we all left home, we promised we'd drink this way to remember the days when we drank together." The bartender admits that this is a nice custom, and leaves it there. The fellow becomes a regular in the bar, and always drinks the same way: he orders three pints and drinks them in turn. One day, he comes in and orders two pints. All the regulars notice and fall silent, speculating about what might have happened to one of the absent brothers. When the fellow goes back to the bar for a second round, the bartender says, "I don't want to intrude on your grief, but I wanted to offer my condolences on your great loss." The fellow looks confused for a moment and then a light dawns in his eye and he laughs and says: "Oh, no, everyone's fine. You see, it's just that I've given up beer for Lent."

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